

200-Hour Yoga Teacher Training Application Form

Please submit completed applications to HYER Destination by email at contact@hyerdestination.com.
Incomplete sections may disqualify applicants from the enrollment process.

PART 1: PERSONAL DETAILS

NAME:	<i>First</i>	<i>Last</i>	
ADDRESS:	<i>Street</i>		<i>Unit/Apt</i>
	<i>City</i>	<i>Province</i>	<i>Postal Code</i>
TELEPHONE:	<i>Home</i>	<i>Cell</i>	
EMAIL:			
DATE OF BIRTH:		GENDER:	<input type="checkbox"/> MALE <input type="checkbox"/> FEMALE

PART 2: QUESTIONNAIRE

1. Why have you chosen the HYER Destination Teacher Training program?
2. Give a detailed outline of your yoga history and experience. Please provide details of how many months/years and how often you practice.
3. What style(s) of yoga do you practice?
4. What are your personal challenges/goals in your yoga practice?
5. What is your understanding of the essence and purpose of yoga beyond the technique?
6. Do you have (or have you ever had) an injury or disability that restricts or restricted your yoga practice?

7. Are you presently suffering from any other physical or psychological illnesses?

8. How do you minimize the possibility of injury in your practice?

9. What are your expectations for this course?

10. How did you hear about this course (e.g. search engine, Web, magazine, friend, etc.)?

PART 3: ENROLLMENT CONDITIONS

This course is designed to be intense and challenging. Although there will be support from the teachers and staff, we ask for a high level of maturity and responsibility from all participants. The course is demanding but equally rewarding.

This course offers a comprehensive way to deepen yoga knowledge and inner inquiry as a first stepping-stone toward teaching. Teaching yoga requires passionate dedication, persistence, consistency of practice, and a good understanding of individual personalities. Ultimately, the objective of this training is to prepare a student on an inner reflective level to move toward a deeper self-understanding.

Please save a copy of this application form to your computer and then email it to contact@hyerdestination.com. We will review your application and contact you via your contact information included above within one week.

Thank you for your interest in our teacher training program.